

# O3D3™

O3D3™ Nutrient Pills , unique blend of pure Omega 3 with essential Vitamin D3, this product supplements Vitamin D3 and helps the body to stay fit and healthy. Vitamin D3 is required for calcium absorption into the body. Omega 3, 6, 9 are called Essential Fatty Acids. Omega 3 helps in brain function and fights against Cardiovascular diseases. Omega 6 helps alleviate symptoms of anxiety, arthritis and some forms of cancers. Omega 9 or monounsaturated Oleic Acid promotes heart health, by providing balanced cholesterol levels and improves immune function. Omega 3 nutrients along with Vitamin D3, providing nutritional support for women and men.



**Alpha Linolenic**

- Reducing the risk of hardening of the arteries
- Reduce the risk of getting pneumonia.
- Reducing the risk of heart disease



**Linoleic Acid**

- Lowering "bad" cholesterol levels, raising "good" cholesterol levels, and
- Improving mental development or growth
- Reducing cancer risk



**Oleic Acid**

- Supports Cellular Health
- Enhance Brain Function
- Support Weight Management



**Vitamin D3**

- Promoting healthy bones and teeth
- Regulating insulin levels and supporting diabetes management
- Reduced risk of flu and common diseases.